



A Workplace Epaphroditus

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How to encourage co-workers who suffer for Christ.

Philippians 2:25-30

Philippians 2:25-30 – ²⁵But I think it is necessary to send back to you Epaphroditus, my brother, fellow worker and fellow soldier, who is also your messenger, whom you sent to take care of my needs. ²⁶For he longs for all of you and is distressed because you heard he was ill. ²⁷Indeed he was ill, and almost died. But God had mercy on him, and not on him only but also on me, to spare me sorrow upon sorrow. ²⁸Therefore I am all the more eager to send him, so that when you see him again you may be glad and I may have less anxiety. ²⁹Welcome him in the Lord with great joy, and honor men like him, ³⁰because he almost died for the work of Christ, risking his life to make up for the help you could not give me.

(New International Version)

2:25 – Who was Epaphroditus?

How was Epaphroditus Paul's brother, fellow worker and soldier?

Why is being a soldier an appropriate analogy for the Christian life?

How does it help us at work to consider ourselves to be soldiers for Christ?

1:26 – Why was Paul sending Epaphroditus back to Philippi?

What godly character trait did Epaphroditus demonstrate by wanting to go back to Philippi?

How would applying the character of Epaphroditus help us at work?

1:27 – How does God's mercy on the afflicted get multiplied?

How may we be an agent for multiplying the mercy of God at work?

1:28 – How would the return of Epaphroditus to Philippi help the Philippians?

How can we help our coworkers to have less anxiety?

1:29-30 – Why did Paul want the Philippians to honor Epaphroditus?

How may we honor those who suffer for Christ?

How do people suffer for Christ in the workplace?

How can we be better at encouraging our coworkers who suffer for Christ?