



Contentment

How to be content at work.

Philippians 4:10-13

Philippians 4:10-13 – ¹⁰I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it.

¹¹I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹²I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³I can do everything through him who gives me strength.

(New International Version)

4:10 – What did Paul have to rejoice about?

What was the opportunity that the Philippians had to cause Paul to rejoice?

How may we likewise give our co-workers cause to rejoice?

4:11 – What had Paul learned and how do you think he learned it?

What is the relationship between having unmet needs and contentment?

What is the distinction between wants and needs?

What has God promised us about our needs?

What kinds of circumstances cause people to be discontent at work?

4:12 – What secret did Paul learn and how do you think he learned it?

What is the secret of being content at work?

What is the value of being content at work?

4:13 – What gave Paul his confidence?

What are the limits to the promise in Philippians 4:13? (If Paul could do everything, why was he in prison?)

How may the source of Paul's strength help us with our own contentment?