



Rejoicing Always

How to bring joy to your co-workers.

Philippians 4:1-5

Philippians 4:1-5 – ¹Therefore, my brothers, you whom I love and long for, my joy and crown, that is how you should stand firm in the Lord, dear friends! ²I plead with Euodia and I plead with Syntyche to agree with each other in the Lord. ³Yes, and I ask you, loyal yokefellow, help these women who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow workers, whose names are in the book of life. ⁴Rejoice in the Lord always. I will say it again: Rejoice! ⁵Let your gentleness be evident to all. The Lord is near.

(New International Version)

4:1 – How were the Philippians Paul’s “*joy and crown*”?

How may we “*stand firm in the Lord*” at work?

4:2-3 – Why did Paul plead with Euodia and Syntyche?

What can we be more agreeable with Christian coworkers?

What help did Paul request for Euodia and Syntyche?

What does the name “yokefellow” bring to mind?

How may we be “yokefellows” at work?

What is “*the book of life*”?

Who are those “*whose names are in the book of life*”?

4:4 – Why was Paul so joyful?

How do people come by joy?

What is the distinction between happiness and joy?

When should Christians experience joy?

How may we be a catalyst for joy in our workplace?

4:5 – How is gentleness related to joy?

Why is gentleness important?

What does gentleness look like in the workplace?

What does it mean, “*the Lord is near*”?

How does remembering that “*the Lord is near*” help us at work?