



# Armor of God

*How to be ready for the spiritual battle at work*

## **Ephesians 6:13-17**

<sup>13</sup>Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup>Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup>and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup>In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup>Take the helmet of salvation and the sword of the Spirit, which is the word of God.

(New International Version)

## **Discussion Questions:**

6:13 – What is our duty? What does it mean to stand?

What is the day of evil that is coming?

How do we stand against the devil?

6:14 – What is the first piece of Christian armor?

How may the Christian wear the belt of truth at work?

What does the next piece of armor represent?

How does a person put on the righteousness of Christ?

How may we wear the breastplate of righteousness at work?

6:15 – What is the next piece of armor?

What is the gospel of peace?

What is the readiness that comes from the gospel of peace and how does it help us at work?

6:16 – What is the next piece of armor?

What is the shield of faith used to defend against?

How should we respond to a claim that archeologists have dug up something contradicting the Bible?

6:17 – What is the next piece of armor we should put on?

How does wearing the helmet of salvation help us at work?

What is the last piece of armor?

How may the sword of God's Word be used as a defensive weapon at work?

How may the sword of God's Word be used as an offensive weapon at work?