



# Spiritual Warfare

*How an awareness of the spiritual realm helps us at work*

## Ephesians 6:10-12

<sup>10</sup>Finally, be strong in the Lord and in his mighty power.  
<sup>11</sup>Put on the full armor of God so that you can take your stand against the devil's schemes. <sup>12</sup>For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.  
(New International Version)

### Discussion Questions:

How is our struggle as Christians in this world like warfare?

Who or what is the enemy?

How does the biblical view of Satan clash with the world's view of him?

Where does the spiritual battle take place?

How is spiritual warfare present in the workplace?

6:10 – Where do Christians get their strength for spiritual warfare?

6:11 – What must a good soldier of Christ do?

Why must the Christian be fully armed?

What schemes does the devil employ against Christians?

Can demons possess Christians?

What does it mean to stand against the devil's schemes?

6:12 – What doesn't the Christian struggle against?

What does Ephesians 6:12 tell us about our enemies?

Why is this world referred to as a "dark" world?

What makes our enemy more dangerous than a physical adversary in the world?

What does it mean that our enemies are forces of evil in the heavenly realms?

Is there a connection between what happens in the world and what happens in the spiritual realm?

Do you think Christians are generally aware of spiritual warfare today?

What are good signs of winning the spiritual battle at work?