



Walk in the Light

How to live out the values and claims of your faith at work

Ephesians 5:8-14

⁸For you were once darkness, but now you are light in the Lord. Live as children of light ⁹(for the fruit of the light consists in all goodness, righteousness and truth) ¹⁰and find out what pleases the Lord. ¹¹Have nothing to do with the fruitless deeds of darkness, but rather expose them. ¹²For it is shameful even to mention what the disobedient do in secret. ¹³But everything exposed by the light becomes visible, ¹⁴for it is light that makes everything visible. This is why it is said: "Wake up, O sleeper, rise from the dead, and Christ will shine on you."

(New International Version)

Discussion Questions:

5:8-9 – What does the light refer to in this passage?

So what then is the dark in this passage?

How does John 1:4-5 help us to better understand the light metaphor?

John 1:4-5 - In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it. (NKJ)

How is this light and darkness analogy a good one?

How can people step out of the darkness into the light?

What should characterize children of light at work?

5:10 – What else should characterize children of light?

How do people learn what pleases the Lord?

5:11 – What should Christians do as light in the world?

What kind of fruitless deeds of darkness need to be exposed in our workplace?

Is exposing the fruitless deeds of darkness a hard or easy thing to do? Why?

5:12 – Why should Christians have nothing to do with the fruitless deeds of darkness?

How should the Christian doctrine that nothing is private from God make for a better employee?

5:13-14 – How does the light make everything visible?

Who is the sleeper and what should they do?

Since Christians represent light in the world, what should we be doing at work?

What difference will it make in our work if our co-workers know we are a Christian?