



Walk in Wisdom

How to gain control of your life

Ephesians 5:15-21

¹⁵Be very careful, then, how you live—not as unwise but as wise, ¹⁶making the most of every opportunity, because the days are evil. ¹⁷Therefore do not be foolish, but understand what the Lord's will is. ¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

¹⁹Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, ²⁰always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

²¹Submit to one another out of reverence for Christ.
(New International Version)

Discussion Questions:

Is having your needle on full a good thing or a bad thing?

How it is that things which fill our lives actually control us?

The Bible exhorts us to fill our lives with the Holy Spirit. What does it mean to fill your life with the Holy Spirit?

How is it that a person who lives separate from Christ is in bondage?

5:15-16 – What must we do to be wise?

Why do we need to make the most of every opportunity?

5:17 – How may we avoid being foolish?

What is the will of the Lord?

How do people learn the will of the Lord?

5:18 – Why do you suppose God designed our lives to be filled with His presence?

Why do you think Paul contrasted being controlled by the Holy Spirit with being controlled by wine?

5:19-21 – What does Paul tell us is clear evidence that a person is filled with the Holy Spirit?

Who is the “one another” that we are to be filled with the Spirit in front of?

What does it mean to speak to one another in psalms and hymns and spiritual songs?

What does it mean to sing and make melody in your heart to the Lord?

How can we give thanks always for all things?

Why should we submit to each other out of reverence for Christ?

How is it that we can gain control of our life by yielding to the Holy Spirit?

How do we apply what we've learned about being filled with the Spirit to our work?

What practical things can we do to be more yielded to the Spirit in our work?